

eat well live well

# homemakers

make your own

## energy bars

**HRT**

is it making a comeback?

**Beauty** 6 minute makeover

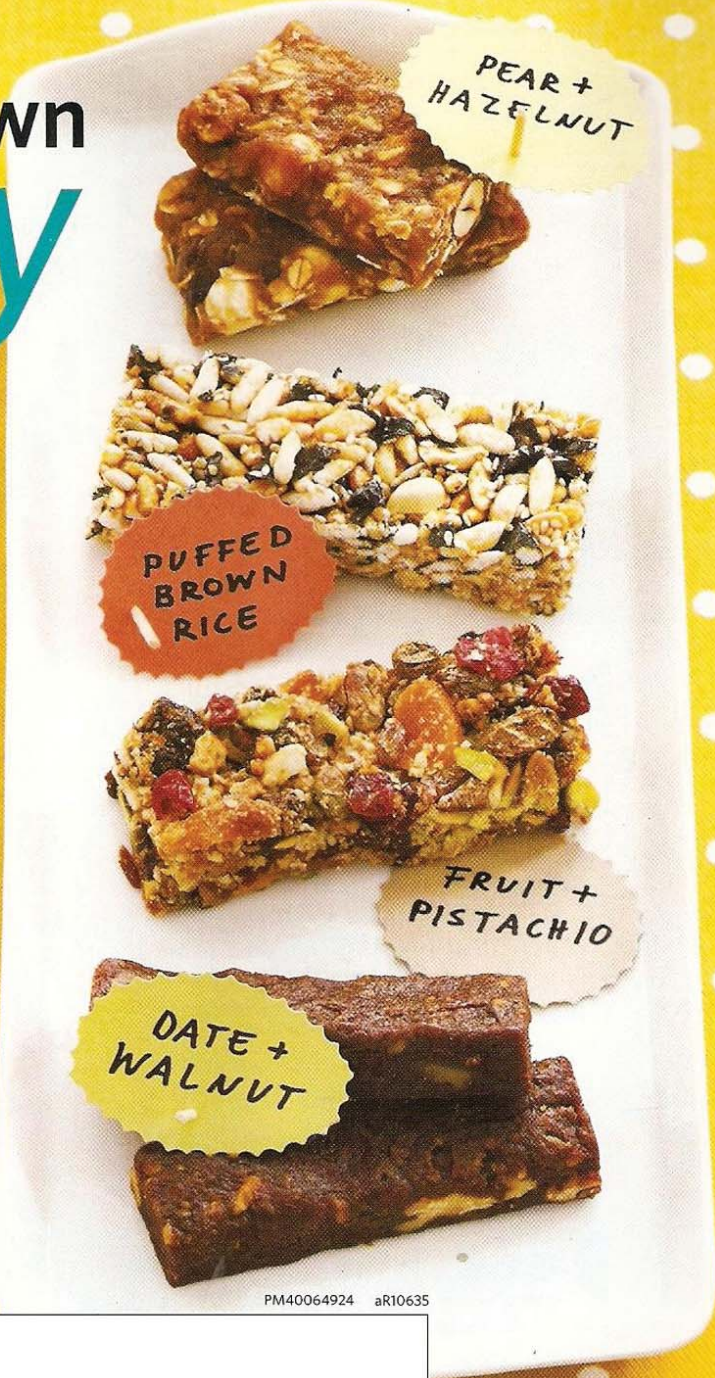
Plug your **money leaks**



Your Best Love Stories p64

Wine with Chocolate p53

Oscar-Winning Popcorn p46



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PHOTOGRAPHY: RYAN BROOK (BOTTOM), TRENCH COAT, LUNDSTRÖM COLLECTION (OPPOSITE PAGE)

