

INSPIRING IDEAS FOR EVERYDAY LIVING

Canadian Living

SUMMER FRESH RECIPES

- QUICK APPETIZERS
- A TASTE OF NOVA SCOTIA
- HOMEMADE PIES
- TASTY WEEKNIGHT SUPPERS

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beauty is everywhere

Colour Me Happy

A busy mother of two gets an easy to manage look and a dramatically different shade.

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HAIR BY EXIT SALON
MAKEUP BY ANNA NENOIU FOR GIORGIO ARMANI COSMETICS AND PIM.CA



WHAT SHE WANTED

Since moving to Canada from West Yorkshire, England, in 2006, Tabatha Donoghue, 36, has been sporting the same layered cut. Her blond highlights were starting to look more noticeable than her dark blond base colour – a warning sign that it was time to redo her 'do. "I'm bored with my current style and I'm excited to have experts make the big decisions for me," said the busy mother of Thomas, 4, and Max, 3. Her only request was to have an easy maintenance routine. "I don't have more than a few minutes to myself in the morning," she says, preferring a wash-and-blow-out approach. »

DRESS, LUNDSTROM COLLECTION. EARRINGS, THOMAS SABO

Sources



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The White Idea
Pages 21 to 25:
Levi's, levi.ca. **Gap**, gapcanada.ca. **Silpada**, silpada.ca. **Longchamp**, longchamp.com. **Town Shoes** and **BCBG**, Town Shoes, townshoes.com. **Banana Republic**, banana.republic.gapcanada.ca. **Citizens of Humanity**, Over the Rainbow, Toronto, 416-967-7448. **Lia Sophia**, liasophia.ca. **Diesel**, The Bay, thebay.com. **Spanner**, 1-800-263-3968, spanner.ca. **Joe Fresh**, Real Canadian Superstore, joefresh.com. **Spring**, myspringshoes.com. **George**, exclusively at Walmart. **Reitmans**, reitmans.com. **Yah Bag**, etsy.com/shop/yahbag. **TOMS**, tomsshoes.ca. **Stefanie Bezaire**, stefanie.bezaire.com. **Michael Kors**, Michael Kors Boutiques, michaelkors.com. **BCBG**, bcbg.com. **Aldo**, aldo.shoes.com. **Thomas Sabo**, thomassabo.com. **Le Château**, lechateau.com. **Hudson Jeans**, 1-866-509-9938, hudsonjeans.com.

Beauty Refresh
Pages 27 and 28:
Lundström Collection, 1-800-665-4632, lundstrom.ca. **Thomas Sabo**, thomassabo.com. **Exit Salon**, exitsalon.com. **Stila**, Shoppers Drug Mart Beauty Boutiques. **Sally Hershberger**, Shoppers Drug Mart. **Kérastase**, kerastase.com. **Redken**, select salons; redken.ca. **Orofluido**, select salons; 1-800-387-7980.



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Style Matters

Pages 31 and 32:
Jacob, jacob.ca. **Sephora by OPI**, Sephora, sephora.com. **Bourjois Paris**, Shoppers Drug Mart Beauty Boutiques. **Korres**, Shoppers Drug Mart. **Finding Myself in Fashion**, bookstores across Canada. **Edit**, exclusively at The Bay, thebay.com. **Parissa**, **Andrea Professionals** and **Nair**, drugstores and mass-market retailers.

life is for living

Life Matters

Pages 71 and 72:
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home is pride

Home Matters

Pages 85 to 88:
Canadian Tire, canadian.tire.ca. **Sears**, sears.ca. **Home Depot**, homedepot.ca. **President's Choice**, presidentschoice.ca. **Bionaire**, Sears, sears.ca. **Allaire**, restorationhardware.com. **Dyson**, dysoncanada.ca. **Envirotile**, Home Depot, homedepot.ca. **Ikea**, ikea.ca. **Permacon**, Rona, rona.ca.



FOR THE WAY IT'S MADE®

The Canadian Living Test Kitchen tests all its recipes till perfect on KitchenAid Stainless-Steel Slide-In Electric Ranges (YKES907SS) and 30-Inch Stainless-Steel Self-Cleaning Slide-In Gas Ranges (KGSS907SS). Cleanup is done in KitchenAid Fully Visible Console Dishwashers in Stainless-Steel (KUDK03CTSS).

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